

What is Kubernetes security?

Kubernetes security is the practice of protecting a Kubernetes cluster, its control plane (API server, etcd, controllers) and its workloads (pods), from attack. The cluster is controlled through the API server, gated by RBAC, and every pod carries a service account token. Attackers target weak RBAC, an exposed kubelet, unauthenticated etcd, over-permissioned tokens, and pods configured to allow a container escape to the node. Hardening means least-privilege RBAC, Pod Security Standards, and locking the control-plane components.

HOW IT WORKS

01 The attack surface

The pieces attackers go after, each with its own page:

- RBAC: the permission system; too-broad roles let a small foothold do anything.
- Service account tokens: every pod gets one; an over-permissioned token is a key to the API.
- The kubelet: the per-node agent; if its API is exposed, attackers run commands in pods.
- etcd: the cluster database; unauthenticated access leaks every secret.
- Privileged pods: pods allowed to escape to the node.

02 The typical attack path

A common cluster compromise looks like: get code execution in a pod (via an app vulnerability), read its service account token from `/var/run/secrets/...`, query the API server to see what that token can do, abuse broad RBAC or a privileged pod to escape to the node, then harvest other pods' tokens and reach the control plane, and finally pivot into the cloud account the cluster runs in.

POD TO CLUSTER TO CLOUD

Kubernetes attacks chain: one pod 'its token 'the API 'the node 'the control plane 'the cloud account. Every weak link shortens the path.

HOW TO DEFEND

- Least-privilege RBAC: no wildcard roles, no cluster-admin for workloads.
- Limit service-account tokens: disable automount where unused, scope tightly.
- Lock the kubelet: authenticated and authorized, never anonymous.
- Secure etcd: mutual TLS, never reachable unauthenticated, secrets encrypted at rest.
- Enforce Pod Security Standards and admission control; no privileged pods.
- Test the cluster for the real pod-to-cluster path.

SOURCES

- [1] MITRE ATT&CK: Containers Matrix
- [2] NIST SP 800-190 Application Container Security Guide
- [3] Kubernetes docs: Kubernetes security concepts

Find the container escape paths before an attacker does.

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